



VISITING NURSE HEALTH SERVICES

School Health Program

Physical Examination/Visual Evaluation/Immunization Requirements

Dear Parent or Guardian:

Per **Nebraska state law**, certain health requirements must be met before a student enters school. Please review the required information outlined below and provide copies of applicable information to the school **before** the first day of school.

Kindergarten Students

- Physical exam
- Vision evaluation
- Immunization record

Seventh Grade Students

- Physical exam
- Immunization record including Tdap immunization

Out-of-State Transfer Students or Those Previously Homeschooled

- Physical exam
- Vision evaluation
- Immunization record

In-State Transfer Students

- Immunization record

Physical exam - must be done by physician, physician assistant, or nurse practitioner within six months prior to school entrance.

Vision evaluation - testing for amblyopia, strabismus, internal and external eye health and visual acuity by physician, physician assistant, or nurse practitioner within six months prior to school entrance.

Immunization record - with dates of required immunizations. (See listing on back).

An exception to the physical examination or visual evaluation requirement may be made if the parent/guardian submits a written statement refusing a physical examination or visual evaluation. An exception to the immunization requirement is made only if a medical reason is documented by a physician, physician assistant, or nurse practitioner; or for valid religious reasons documented on a notarized State of Nebraska form.

SUMMARY OF THE SCHOOL IMMUNIZATION RULES AND REGULATIONS

STUDENT AGE GROUP	REQUIRED VACCINES
Ages 2 - 5 years enrolled in a school-based program not licensed as a childcare provider	<p>4 doses of DTaP, DTP, or DT vaccine</p> <p>3 doses of Polio vaccine</p> <p>3 doses of Hib vaccine or 1 dose of Hib given at or after 15 months of age</p> <p>3 doses of pediatric Hepatitis B vaccine</p> <p>1 dose of MMR or MMR V given on or after 12 months of age</p> <p>1 dose of varicella (chickenpox) or MMRV given on or after 12 months of age. Written documentation (including year) of varicella disease from parent, guardian, or health care provider will be accepted.</p> <p>4 doses of pneumococcal or 1 dose of pneumococcal given on or after 15 months of age</p>
Students entering school (kindergarten or grade 1 depending on the school district's entering grade)	<p>3 doses of DTaP, DTP, DT, or Td vaccine, one given on or after the fourth birthday</p> <p>3 doses of Polio vaccine</p> <p>3 doses of pediatric Hepatitis B vaccine or 2 doses of adolescent vaccine if student is 11-15 years of age</p> <p>2 doses of MMR or MMR V vaccine, given on or after 12 months of age and separated by at least one month</p> <p>2 doses of varicella (chickenpox) or MMRV given on or after 12 months of age. Written documentation (including year) of varicella disease from parent, guardian, or health care provider will be accepted. If the child has had varicella disease, they do not need any varicella shots.</p>
Students entering grade 7	<p>Must be current with the above vaccinations</p> <p>AND receive</p> <p>1 dose of Tdap (contain Pertussis booster)</p>
Students transferring from outside the state at any grade	<p>Must be immunized appropriately according to the grade entered.</p>

Source: Nebraska Immunization Program, Nebraska Department of Health and Human Services. For additional information, call 402.471.6423.

The School Rules & Regulations are available on the Internet: <http://www.hhs.state.ne.us/reg/t173.htm> (Title 173: Control of Communicable Diseases - Chapter 3; revised and implemented 2011)

Updated 5/2015