



BROWNELL TALBOT

Kindergarten - Grade 2 Prioritized Physical Education Standards

PE.1 Physical Activity Skills and Movement Patterns	
PE.1.1 Performs locomotor skills in a variety of environments.	PE.1.1.a Hops, gallops, side slides, and walks in a mature pattern. (M)
	PE.1.1.b Exhibits 2 of 5 critical elements for jumping horizontally using two-foot take-off and landing. (E)
PE.1.2 Performs non-locomotor skills in a variety of environments.	PE.1.2.a Rolls with either a narrow or curled body shape. (E)
	PE.1.2.b Differentiates among curling, stretching, twisting, and bending. (M)
PE.1.3 Performs manipulative skills in a variety of environments.	PE.1.3.a Throws overhand with opposite foot forward. (E)
	PE.1.3.b Catches various sizes of objects self-tossed or tossed by an accurate thrower. (E)
	PE.1.3.c Dribbles a ball with one hand, attempting the second contact.
	PE.1.3.d Uses a continuous running approach and kicks a moving ball, demonstrating 3 of 5 critical elements. (E)
	PE.1.3.e Strikes a ball with a bat off a tee or cone. (E)
	PE.1.3.f Volleys a lightweight object overhead sending it upward with consecutive hits. (E)
	PE.1.3.g Jumps forward and backward using a self-turned rope with a mature pattern. (E)
PE.2 Movement Concepts, Strategies, and Tactics	
PE.2.1 Demonstrates knowledge of movement concepts in a variety of environments.	PE.2.1.a Moves in self-space and general space in response to a designated rhythm. (E)
	PE.2.1.b Travels over, under, around, and through a variety of objects. (E)
	PE.2.1.c Varies speed and force with gradual increases and decreases. (E)
PE.3 Health-Related Physical Activity and Fitness	
PE.3.1 Engages in physical activity.	PE.3.1.a Engages in physical activity in physical education class in response to instruction and practice. (E)
PE.3.2 Exhibits the knowledge to achieve and maintain a health-enhancing level of physical fitness.	PE.3.2.a Identifies the heart as a muscle that grows stronger with exercise, active play, and physical activity. (E)
PE.3.3 Communicates the importance of health-related fitness components and nutrition for physical activity.	PE.3.3.a Differentiates between healthy and unhealthy foods. (E)

PE.4 Responsible Behavior

PE.4.1 Exhibits personal responsibility in physical activity settings.

PE.4.1.a Follows the rules and procedures of the learning environment. (E)

PE.4.2 Accepts and responds to specific corrective feedback from teacher and peers.

PE.4.3 Exhibits responsible social behavior when working with others.

PE.4.5 Participates safely in physical activities.

PE.5 Physical Activity Benefits

PE.5.1 Recognizes the benefits of physical activity for health.

PE.5.2 Recognizes the benefits of physical activity for challenge.

PE.5.2.a Accepts that challenge in physical activities can lead to success. (E)

PE.5.3 Recognizes the benefits of physical activity for self-expression and enjoyment.

PE.5.3.a Describes positive feelings that result from participating in physical activities. (E)