



BROWNELL TALBOT

Early Years Prioritized Physical Education Standards

PE.1 Physical Activity Skills and Movement Patterns	
PE.1.1 Performs locomotor skills in a variety of environments.	PE.1.1.a Hops, gallops, jogs, runs, walks, slides, skips, and leaps while maintaining balance. (E)
	PE.1.1.b Jumps vertically and lands with balance. (E)
PE.1.2 Performs non-locomotor skills in a variety of environments.	PE.1.2.a Rolls sideways in a narrow body shape. (E)
PE.1.3 Performs manipulative skills in a variety of environments.	PE.1.3.a Throws underhand and overhand with hand in correct placement (E)
	PE.1.3.b Drops a ball and catches it before it bounces twice. (E)
	PE.1.3.c Kicks a stationary ball from a stationary position, demonstrating 2 of 5 critical elements. (E)
	PE.1.3.d Volleys a lightweight object underhand, sending it upward. (E)
PE.2 Movement Concepts, Strategies, and Tactics	
PE.2.1 Demonstrates knowledge of movement concepts in a variety of environments.	PE.2.1.a Differentiates between movement in self space and general space. (E)
	PE.2.1.b Travels at different speeds in general space. (E)
PE.3 Health-Related Physical Activity and Fitness	
PE.3.1 Engages in physical activity.	PE.3.1.a Participates in physical activity in physical education class. (E)
PE.3.2 Exhibits the knowledge to achieve and maintain a health-enhancing level of physical fitness.	PE.3.2.a Recognizes that moving fast increases heart rate and breathing. (E)
PE.4 Responsible Behavior	
PE.4.1 Follows rules and demonstrates proper etiquette.	
PE.4.2 Participates safely in physical activities.	
PE.5 Physical Activity Benefits	
PE.5.1 Recognizes the benefits of physical activity for challenge.	PE.5.1.a Acknowledges that some physical activities are difficult/challenging. (E)
PE.5.2 Recognizes the benefits of physical activity for self-expression and enjoyment.	PE.5.2.a Identifies physical activities that are enjoyable. (E)